

Lauryn Redding

Actor/Writer/Composer

Lauryn is an writer, composer and actor. In 2022 she was one of eight people selected for the BBC Studios Writers' Academy and was awarded a prestigious Peggy Ramsay/Film 4 Playwrights' Scheme bursary for a year-long attachment at the Royal Exchange Theatre in 2023.



Agents

Maureen Vincent

Assistant

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Roles

Short Film

Production	Character	Director	Company
SPARE CHANGE	Buisness Lady	Teunkie Van Der Sluijs	
SOMEWHERE BETWEEN A NEWS CLIPPING AND THE GOSSIP PAGES	She	Alan Lane	BBC/Slunglow

Stage

Production	Character	Director	Company
COVEN	Rose	Miranda Cromwell	Kiln Theatre
STANDING AT THE SKY'S EDGE	Nikki	Robert Hastie	National Theatre

Production	Character	Director	Company
BLOODY ELLE: A GIG MUSICAL	Elle	Bryony Shanahan	Lyric Theatre
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THE SECRET DIARY OF ADRIAN MOLE AGED 13¾	Doreen/Miss Elf	Douglas Rintoul	Queens Theatre Hornchurch
17 COLTMAN STREET	Linda	Mark Babych	Hull Truck Theatre
BLOODY ELLE: A GIG MUSICAL	Elle	Bryony Shanahan	Royal Exchange Theatre
A MIDSUMMER NIGHT'S DREAM	Bottom	Paul Hart / Robert Kirby	Wilton's Music Hall
MACBETH	Lady MacDuff	Paul Hart / Robert Kirby	Wilton's Music Hall
SEAGULLS	Masha	Lotte Wakeham	Bolton Octagon
THE WORST WITCH (WEST END)	Griselda	Theresa Heskins	Vaudeville Theatre
THE HIRED MAN	Emily	Douglas Rintoul	Queen's Theatre Horchurch & Hull Truck
OLIVER TWIST	Nancy	Mark Babych	Hull Truck
TWELFTH NIGHT	Toby Belch	Paul Hart	Wilton's Music Hall
EDUCATING RITA	Rita	Sarah Punshon	New Vic Theatre & The Dukes
BREAD AND ROSES	Martha Carter	Amanda Huxtable	Oldham Coliseum
TREASURE ISLAND	Darby McGraw	Theresa Heskins	New Vic Theatre
UP N UNDER	Hazel Scott	Chris Lawson	Oldham Coliseum
OH! WHAT A LOVELY WAR	Various Roles	Kevin Shaw	Oldham Coliseum
TWELFTH NIGHT	Toby Belch	Paul Hart	UK and International tour
ROMEO & JULIET	Nurse	Paul Hart	UK and International tour
HORRIBLE CHRISTMAS	Shirley Holmes	Neal Foster	The Lowry
FRANKENSTEIN	William/Musician	Craig Edwards	Salisbury Playhouse/Living Spit
ROMEO & JULIET	Nurse	Paul Hart	The Watermill

Production	Character	Director	Company
THE WINTER'S TALE	Dorcas	Conrad Nelson	Northern Broadsides
DREAMERS	Trish/Shelly/Jen/Joyce	Kevin Shaw	Oldham Coliseum
ALICE'S ADVENTURES UNDERGROUND	Queen of Hearts/Duchess/Caterpillar	Les Enfants Terribles	Waterloo Vaults
HORRIBLE HISTORIES BARMY BRITAIN	Queenie	Neal Foster	Sydney Opera House and Australian Tour
SHE STOOPS TO CONQUER	Constance Neville	Conrad Nelson	Northern Broadsides
AN AUGUST BANK HOLIDAY LARK	Susie Hughes	Barrie Rutter	Northern Broadsides
HORRIBLE HISTORIES BARMY BRITAIN (WEST END)	Esmerelda	Neal Foster	Garrick Theatre - West End
THE ENOUGH PROJECT	Maisie/Anna	Alan Lane	Slunglow/Dept Arts
NUMB	Roz	Mary Clare O'Neill	The Arcola Theatre
SIX	Onstage Live Musician/Musical Director/Composer	Katie Turner	Seven Arts Leeds
WIND IN THE WILLOWS	Hedgehog Herbert & Stoat Fred	Ian Brown	West Yorkshire Playhouse
SHHH	Paige	Lisa Cagnacci	Theatre503
KING LEAR	Cordelia/Duke of Cornwall	Jo Carrick	Red Rose Chain/Theatre In The Forest
DIFFERENT BUTTONS	Nora	Jo Carrick	Red Rose Chain
HORRIBLE HISTORIES - AWFUL EGYPTIONS & RUTHLESS ROMANS	Maisie/Ethel	Phil Clark	No. 1 UK Tour
THE COMEDY OF ERRORS	First Merchant /Servant	Rebecca Gatward	Shakespeare's Globe
TALL TALES	Ensemble	Tim Baker	Clwyd Theatr Cymru
ALL IN ALL: FRAGMENTS OF SHAKESPEARE	Sam	Nick Borsack	Het Rozen theater, Amsterdam

Television

Production	Character	Director	Company
EMMERDALE	Nurse Price (5eps)	Tim Dowd/Brett Fallis/Alan Wareing	ITV

Production	Character	Director	Company
SMOGGIE QUEENS	Mel	Andrew Chaplin	Hat Trick/BBC
DOCTORS	Jenna Cox	Niall Fraser	BBC
THE MIDWICH CUCKOOS	Mallory	Borkur Sigthorsson	Sky
EASTENDERS	Sarah	Michael Owen Morris	BBC
LEE NELSON'S WELL GOOD SHOW	Sarah	Adam Winpenny	BBC3
REGULARS PILOT	Rugby girl	John Wardwick	Channel 4, Silver River

Workshop

Production	Character	Director	Company
THE FORGER	Janey	Lottie Wakeham	National Theatre Studios
GAY'S THE WORD	Amanda		
COVEN	Rose	Miranda Cromwell	Kiln Theatre
A MIGHTY SHOUT	Various	Barrie Rutter	615 Productions
THE WILD PARTY	Bessie/Queenie	John Terry	The Theatre Chipping Norton/New Wolsey, Ipswich/Watermill Theatre.
RAPUNZEL	Rapunzel	Ellen Havard	
RED ROSES FOR ME		Chloe France	Watermill Theatre