

Dr Sabine Donnai

Dr Sabine Donnai is a consulting general physician and a worldauthority and leading thinker in proactive health management. As the founder and Chief Executive of Viavi she has led the development of advanced health strategy services for healthy longevity. She appears frequently in the media and delivers talks on contemporary approaches to medicine.



Sabine's early career was as a general physician, practicing in a variety of international locations, then she held senior clinical positions within Nuffield Health and BUPA, and a boutique health services business in central London.

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