

Kitty Coles

Food Writer

Kitty Coles is a highly regarded cook, stylist, recipe writer, and culinary innovator with a growing presence in the world of food. Known for her vibrant, no-fuss approach to cooking, Kitty effortlessly blends seasonal ingredients with Mediterranean influences, inspired by her time spent between London, Dublin, and Mallorca. Her food philosophy centers around making wholesome, satisfying dishes from everyday ingredients, proving that simplicity and flavour can go hand in hand. Whether through her published recipes, online presence, or live events, Kitty makes cooking accessible and enjoyable for everyone.

Kitty's work has garnered significant recognition, with her recipes regularly featured in top publications such as *The Guardian*, *The Irish Times*, and *The Gloss*. In the latter, she also shares her culinary insights through a well-loved monthly newsletter, providing readers with fresh ideas and seasonal inspiration.

Beyond the page, Kitty has cultivated a loyal and engaged following on social media, where she consistently shares new recipes and beautifully crafted photographs giving a glimpse into her culinary world. Her relatable style and ability to transform simple ingredients into dishes have made her a beloved figure in the online food community. Kitty's talents have also been showcased as a guest chef at Mob, where she brings her fresh, accessible approach to a wider audience.

In addition to her online and print work, Kitty hosts a popular supper clubs, where guests can experience her food firsthand in a warm, intimate setting. These events have become a coveted experience for food lovers eager to enjoy her signature dishes, which blend the rustic charm of Mediterranean cuisine with a modern twist. Her gatherings emphasise not just good food, but the joy of coming together to share a meal, embodying the communal spirit of dining.

Her first cookbook, *Make More With Less: Foolproof Recipes to Make Your Food Go Further*, has become an essential guide for those looking to reduce waste and maximize their ingredients without compromising on flavour. Filled with creative, practical ideas for stretching ingredients and turning leftovers into something special, the book reflects Kitty's commitment to sustainable cooking.

Through her recipes, supper clubs, and engaging presence both online and in print, Kitty Coles continues to inspire a wide audience with her relaxed, joyful approach to food.



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