

Elizabeth Idowu (Mamadinya)

Author

If you are expecting a baby, Mamadinya is your go-to resource. She offers new mothers and expecting mothers valuable pre- and postnatal information from the perspective of an educated midwife, while also adding humor to keep everyone engaged. Pregnant women can benefit from her highly requested antenatal classes, Mama's Classes, for the best advice on everything pregnancy-related.



Forthcoming publication:

I'M PREGNANT, NOW WHAT? (HarperCollins, March 2026)

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