

Elizabeth Idowu (Mamadinya)

If you are expecting a baby, Mamadinya is your go-to resource. She offers new mothers and expecting mothers valuable pre- and postnatal information from the perspective of an educated midwife, while also adding humor to keep everyone engaged. Pregnant women can benefit from her highly requested antenatal classes, Mama's Classes, for the best advice on everything pregnancy-related. With over 300k followers on TikTok, she shares hilarious stories about dating and medical mishaps every week. Her opinion is one that we need in the UK to speak on topics that some may shy away from.



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