

# Spring Kathryn Day

## Actor / Writer / Comedian

Star of 'Live At The Apollo', Spring is an American stand-up comedian, writer, and actor. Spring's uniquely acerbic and sassy style of comedy is always a crowd pleaser, or shocker... A fluent Japanese speaker and a mild cerebral palsy haver, Spring began her career headlining at the Tokyo Comedy Store whilst based in Japan. She has opened at Melbourne Comedy Festival and has gone



on to gig around the world including clubs in London, Manchester, LA, New York and Paris. Spring has most recently recorded the second series of 'Rosie Jones' Disability Comedy Extravaganza' for UKTV.

She has written, produced, directed, and performed seven solo shows at the Edinburgh Fringe Festival, her 2024 show 'Exvangelical' receiving multiple 4 star reviews. Beyond the Joke  $-\star\star\star$ -"Wow, does Spring Day have an amazing story to tell."

She has also written for and appeared in BBC Three sitcom 'Jerk', written an episode of Audible series 'Crush Hour' and written on 'Horrible Histories' and 'Horrible Science' for the BBC.

#### Agents

Carly Peters cpeters@unitedagents.co.uk 0203 214 0985 Assistant
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#### Roles

#### **Television**

Production	Character	Director	Company
LIVE AT THE APOLLO (2022)	Self	Paul Wheeler	Open Mike Productions
JERK	Yoga Teacher	Tom McKay	Primal Media and Roughcut TV

## Radio

Production	Character	Director	Company
THE 13 MILLION CLUB	Host		Impatient Productions/BBC Radio 4

## Stage

Production	Character	Director	Company
EXVANGELICAL	Writer and Performer	Spring Day	Soho Theatre
EXVANGELICAL	Writer and Performer	Spring Day	Edinburgh Fringe
WE'RE NOT IN KANSAS ANYMORE	Writer and Performer	Spring Day	Edinburgh Fringe
SUSHI SOUFFLE	Writer and Performer	Spring Day	Edinburgh Fringe
LEARN HOW TO TAKE A PUNCH (2012)	Writer and Performer	Spring Day	Edinburgh Fringe
LEARN HOW TO TAKE A PUNCH (2013)	Writer and Performer	Spring Day	Edinburgh Fringe
IN THE PERSUIT OF HAPPENIS	Writer and Performer	Spring Day	Edinburgh Fringe
KEPT IN STITCHES	Writer and Performer	Spring Day	Edinburgh Fringe
STRONG CODEPENDENT WOMAN	Writer and Performer	Spring Day	Edinburgh Fringe
WHEN PUSH COMES TO SHOVE	Writer and Performer	Spring Day	Edinburgh Fringe