

Lauryn Redding

Actor/Writer/Composer

Lauryn is an writer, composer and actor. In 2022 she was one of eight people selected for the BBC Studios Writers' Academy and was awarded a prestigious Peggy Ramsay/Film 4 Playwrights' Scheme bursary for a year-long attachment at the Royal Exchange Theatre in 2023.



Agents

Dan Usztan

DUsztan@unitedagents.co.uk

0203 214 0873

Assistant

Phoebe O'Donnell

PODonnell@unitedagents.co.uk

020 8057 6206

Credits

In Development

Production	Company	Notes
THREE HENS IN A BOAT 2025	Watermill Theatre/Reading Rep	Composer Dir. Abigail Pickard Price

Television

Production	Company	Notes
2022 WRITERS' ACADEMY 2022	BBC Studios	

Theatre

Production	Company	Notes
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BLOODY ELLE 2023	Lyric Theatre	West End transfer
BLOODY ELLE 2023	Soho Theatre	London premiere Off West End Award Lead Performance in a Musical Shortlisted for Off West End Award for Best New Musical
BLOODY ELLE 2022	Traverse Theatre	★ ★ ★ ★ Guardian, Scotsman, Financial Times, The Stage, WhatsOnStage Holden Street Theatres Award
BLOODY ELLE 2021	Royal Exchange Theatre	Writer, Composer & Performer Dir. Bryony Shanahan Nominated for WhatsOnStage Award for Best Regional Theatre Production and The Stage Debut Award for Best Composer, Lyricist or Book Writer
SWIPE 2021	Mountview	Composer and Musical Director Dir. Mark Hilton
HERSTORY 2019	Mountview	Composer and Musical Director Dir. Julie Atherton
DEEDS NOT WORDS 2019	Karamel Club	Co-Writer and Composer Dir. Julie Atherton
MILDRED 2015	Rich Mix	Writer Dir. Hannah Pierce

Other

Production	Company	Notes
R 2009	Bright Pink Music	Album Release Singer Songwriter