

## Vicky Bennison / Pasta Grannies

### Author

Vicky Bennison is creator of the hugely popular YouTube channel, Pasta Grannies. Her book, the result of the channel going viral, won a James Beard award in 2020. Before becoming involved with food, Vicky spent many years working in international development in places like Russia, South Africa, and Turkmenistan. The next decent meal was always on her mind and she began writing about her culinary adventures, from mushroom hunting in Siberia's Taiga forest, to cooking zebra stew on the shores of Lake Turkana in Kenya!



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### Publications

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#### Non-Fiction

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#### Publication Details Notes

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**PASTA GRANNIES:  
The Secrets of  
Italy's Best Home  
Cooks**

2019

Hardie Grant

Learn how to make pasta like Italian nonnas do. Inspired by the hugely popular YouTube channel of the same name, Pasta Grannies is a wonderful collection of time-perfected Italian recipes from the people who have spent a lifetime cooking for love, not a living: Italian grandmothers.

When you have good ingredients, you don't have to worry about cooking.

They do the work for you. - Lucia, 85

Featuring over 80 easy and accessible recipes from all over Italy, you will be transported into the very heart of the Italian home to learn how to make great-tasting Italian food. Pasta styles range from pici - a type of hand-rolled spaghetti that is simple to make - to lumachelle della duchessa - tiny, ridged, cinnamon-scented tubes that take patience and dexterity.

More than just a compendium of dishes, Pasta Grannies tells the extraordinary stories of these ordinary women and shows you that with the right know how, truly authentic Italian cooking is simple, beautiful and entirely achievable.

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**PASTA GRANNIES:  
Comfort Cooking**

2022

Hardie Grant

Spending time with our family and friends has never felt so important - and so often this means cooking for the ones you love.

Who better to take inspiration from than Pasta Grannies who have spent their lifetimes plating up comfort and connection. Vicky Bennison, the author of the bestselling Pasta Grannies cookbook, brings you more heart-warming recipes and stories from our favourite Italian grandmothers in this easy-to-follow, crowd-pleasing recipe book that shows you how to make authentic Italian food that everyone will enjoy.

Discover 91 year-old Pina's chestnut gnocchi with walnut pesto, lovingly made with ingredients she grows around her home in Liguria; or 99 year-old Marietta's special tagliatelle recipe, which is not really a recipe at all but a reflection of her vegetable garden, the Calabrian countryside and the changing seasons. As well as meat, seafood and vegetable pasta recipes, chapters cover pizzas, pastries and pies, rice and pulses, dairy and herbs, nuts and spices.

Every recipe is accompanied with a QR code which, once scanned, will take you directly to the YouTube videos of these remarkable women and their recipes. Complete with stunning location and recipe photography throughout, with a clear guide to pasta making by hand, Pasta Grannies: Comfort Cooking is not only a celebration of cooking and feasting together, it is an insight into their lives, and a joyous slice of the Italian way of life.

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