

Vicky Bennison / Pasta Grannies

Author

Vicky Bennison is creator of the hugely popular YouTube channel, Pasta Grannies. Her book, the result of the channel going viral, won a James Beard award in 2020. Before becoming involved with food, Vicky spent many years working in international development in places like Russia, South Africa, and Turkmenistan. The next decent meal was always on her mind and she began writing about her culinary adventures, from mushroom hunting in Siberia's Taiga forest, to cooking zebra stew on the shores of Lake Turkana in Kenya!



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Publications

Non-Fiction

Publication Details	Notes
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**PASTA GRANNIES:
The Secrets of
Italy's Best Home
Cooks**

2019

Hardie Grant

Learn how to make pasta like Italian nonnas do. Inspired by the hugely popular YouTube channel of the same name, Pasta Grannies is a wonderful collection of time-perfected Italian recipes from the people who have spent a lifetime cooking for love, not a living: Italian grandmothers.

When you have good ingredients, you don't have to worry about cooking.

They do the work for you. - Lucia, 85

Featuring over 80 easy and accessible recipes from all over Italy, you will be transported into the very heart of the Italian home to learn how to make great-tasting Italian food. Pasta styles range from pici - a type of hand-rolled spaghetti that is simple to make - to lumachelle della duchessa - tiny, ridged, cinnamon-scented tubes that take patience and dexterity. More than just a compendium of dishes, Pasta Grannies tells the extraordinary stories of these ordinary women and shows you that with the right know how, truly authentic Italian cooking is simple, beautiful and entirely achievable.
