

Kate Garraway

Presenter / Author

Kate Garraway is a British television and radio presenter and journalist. She began working in television in 1994, when she joined the south edition of ITV News Central as a production journalist, reporter and news presenter.



Kate has worked on *ITV News Meridian*, the launch of the BBC 24-hour News Channel in 1997, *Sunrise* on Sky News, *GMTV* and

Daybreak, which in 2014 was replaced by Good Morning Britain with Kate joining as one of the main hosts. The same year, Kate joined Smooth Radio as part of the relaunch of the station. She presents the weekday mid-morning programme, with 2.3 million listeners tuning in to her show each week. Kate appeared in the fifth series of Strictly Come Dancing with professional partner Anton du Beke. She came fourth in 2019's I'm a Celebrity . . . Get Me Out of Here!

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