

THE LITERARY & TALENT AGENCY

Susanna Abse

Author / Psychotherapist

Susanna Abse is a psychoanalytic therapist who has worked in private practice with couples, individuals and parents since 1991. She is the former chair of The British Psychoanalytic Council and was CEO of the charity Tavistock Relationships from 2006 until 2016. She has also recently been presenting Britain on the Couch for Channel 4 News. She has published widely on couple therapy,



parenting, and family policy and how these areas need to be at the heart of progressive welfare provision, a subject on which she lectures and teaches.

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