

Lucy Foster

Writer / Director

Lucy is a Writer & Director based in London. She loves stories centred around women in fun and interesting genres, particularly horror.

Lucy took part in the Royal Court's Introduction to Playwriting Scheme (2014) Hampstead Theatre's Inspire Programme (2020) and is a graduate of the Creative Writing programme at Warwick University. As a member of Stonewall Youth, she produced a short film on homophobic bullying, which placed third in a Stonewall Anti-Homophobia Conference and was shown at the BFI in 2008/09.

She's been shortlisted for the Verity Bargate Award and Theatre503 International Playwriting Prize, longlisted for the Bruntwood Prize, and in 2019 she won the Alpine Fellowship Theatre Prize. In 2020 Lucy became a finalist for Flickers of the Future, a filmmaking competition run by Global Action Plan. She was also selected for the Frightfest 2023 New Blood Class for her feminist horror feature, HEADLESS CHICKS.



Agents

Jennifer Thomas

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Assistant

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Credits

In Development

Production	Company	Notes
SCREEN		
HULDRA	Boudica Entertainment	
GARDEN ESTATE	Climate Spring	Original series in development, currently at Treatment stage

Production	Company	Notes
LONE CREEK	Fire In The Hole	Feature in development
THEATRE		
HONEY		A two-act piece of feminist horror theatre, entitled HONEY *Shortlisted for Soho Theatre's Verity Bargate Award 2020
HOW TO KILL YOUR DARLINGS	Chalk Line Productions	R&D Co-written with Jon Barton

Television

Production	Company	Notes
BODY IN THE ATTIC 2024	Reel One	Feature made for TV
IS MOM A MURDERER? 2023	Reel One	Feature made for TV

Theatre

Production	Company	Notes
AS WRITER		
CUCKOO'S CORNER 2025	Chronic Insanity	Digital Horror Play
THE FLOOD 2023	Write The Girl	Full length play commissioned & performed as part of the Write the Girl initiative.
CREAK 2022	Bush Theatre	Horror Play
ROARING WOMEN 2022	Hampstead Theatre	
BETSEY 2021	LEH Write the Girl	Full length play commissioned and performed as part of the LEH Write the Girl initiative.
SIXTEEN 2021	Lemon House Theatre	shot play as part of Behind Closed Doors event
ROLL, PLAY 2019	Alpine Fellowship	Dir. Nick Blood Original play commission
LOBSTER 2018	Snapper Theatre / Theatre503	Transfer of 2017 Catalyst Festival production Dir. Kayla Feldman
APRIL, MAY, JUNE 2017	Old Red Lion	Part of Shortswave, a showcase of short plays from the Royal Court Introduction to Playwriting Programme alumni.

Production	Company	Notes
THE NEWS 2015	Bread and Roses	As Writer/ Director Part of Shortswave, a showcase of short plays from the Royal Court Introduction to Playwriting Programme alumni.
LADYLOGUES 2015	Tristan Bates Centre	Commissioned to write a monologue as part of the Thelma's "Ladylogues", an evening of monologues written by and for women
AS DIRECTOR		
AN INSTINCT 2025	Old Red Lion Theatre	By Hugo Timbrell
TENNESSEE WILLIAMS: WOMEN OF PARADISE 2019	Trafalgar Studios	Short plays written by up and coming playwrights in response to the work of Tennessee Williams As Director
HEAR ME OUT 2019	Camden People's Theatre / Snapper	By Kayla Feldman
THOMAS 2019	Snapper Theatre / VAULT Festival	By Robbie Curran
THE KNIGHT FROM NOWHERE / THE BELLS 2015	Park Theatre	*Nominated for Best Director at Off West End 'Offies'

Other

Production	Company	Notes
HEADLESS CHICKS 2020	Audible	Commissioned pilot script
MAD ADAGE WRITERS ROOM 2020	Mad Adage	
DRAMATURG 2019	Maiden Speech Festival	

Short Films

Production	Company	Notes
SANTA'S LITTLE HELPER 2025	Crossroad Pictures	As Writer & Director Premiered at the 2025 Dead Northern Horror Festival
THE WALLOPING SODBURY GRAVEDIGGERS' ASSOCIATION 2023	Halfway Up Productions	As Director Written by Cressida Peever

Additional information

AN INSTINCT – Old Red Lion Theatre, November 2025

★ ★ ★ ★ [Heva Morris, All That Dazzles](#)

"This intricate concoction of comedy, mystery, horror, love, surprise, and drama in some's hands could be a hard task to pull off, but director Lucy Foster has only gone and done it, and done it incredibly well."

"Foster's excellent direction...her ability to weave so many threads together to build a growing, changing journey of comedy, empathy and relationships that feel real and emotionally varied is impressive."

★ ★ ★ ★ [Greg Stewart, Theatre Weekly](#)

"Foster's direction ensures the twists land effectively, and the confined setting amplifies the sense of entrapment."

★ ★ ★ ★ [Stuart King, LondonBoxOffice](#)

"The play is littered throughout with genuinely uncomfortable moments... the response to which must have greatly pleased Director Lucy Foster."

THOMAS

★ ★ ★ ★ ★ [Younger Theatre](#)

"Director Lucy Foster manages to create a relaxed performance, which has all the emotional turmoil of a West-End drama."

Featured as one of The Evening Standard's 'Must See' shows of VAULT Festival 2019

★ ★ ★ ★ ★ [Love London Love Culture](#)

"Warm, touching, thought-provoking, sure to educate, entertain and bring a tear to the eye."