

Jess Phillips

Writer

Jess Phillips is the Labour MP for Birmingham Yardley and Shadow Minister for Domestic Violence and Safeguarding. She was first elected in 2015 and became Chair of the Women's Parliamentary Labour Party in September 2016. Before elected as an MP, Jess worked with victims of domestic violence, sexual violence and human trafficking, and she continues to speak up on behalf of those who struggle to have their voice heard.



Agents

Laura Macdougall
LMacdougall@unitedagents.co.uk

Assistant
Olivia Davies
odavies@unitedagents.co.uk
02032140784

Publications

Non-Fiction

Publication Details	Notes
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Everywoman
2017
Penguin Random
House

If you're thinking, 'Jess, who?' then I'm glad that there was something about 'Everywoman' and 'truth' that caught your eye.

Or you might already know me as that gobby MP who has a tendency to shout about the stuff I care about. Because I'm a woman with a cause, I have been called a feminazi witch, a murderer and threatened with rape. The internet attracts a classy crowd.

So, speaking the truth isn't always easy but I believe it's worth it. And I want you to believe it too. The truth can be empowering, the truth can lead to greater equality, and the world would be incredibly boring if we let all of those people who allegedly know everything, say everything.

By demanding to be heard, by dealing with our imposter syndrome, by being cheerleaders, doers not sayers, creating our own networks and by daring to believe that we can make a difference, we can.

We're women and we're kick-ass. And that's the truth.

Truth To Power
2019

Speaking truth to power takes courage. Jess Phillips shows you how to identify the problem, form a plan, and to speak out using the exact same tools that those who have been put on a pedestal of being 'brave' have used to deal with the fear, the conflict and - let's be honest - the awkwardness that can come from telling your boss, your family, your neighbour that something is bullsh*t.

As well as offering inspiration and hope from her own experiences Jess talks to high-profile people on the world stage who have been brave enough to risk everything, become whistle-blowers and successfully fight back.

Truth to Power will help you change things. It will help you slam down that manager in the office you have tolerated for years; or tell your mate that you hate the way they talk about your husband or wife. It will help call out bullies in all walks of life. It will help you rally support and fight the fight against injustice - even though the odds seem stacked against you.
