

## Mina Holland

### Author/Journalist

Mina Holland is a writer, editor and storyteller. She splits her time between *The Guardian*, where she is an editor on the Saturday *Feast* team, and writing about matters of food, drink and lifestyle for all manner of publications and brands, from *Saveur* to *Suitcase*, and *Noble Rot* to *TOAST*. She is the author of two books about food – *The Edible Atlas: Around The World in 39 Cuisines* (Canongate, 2014, translated into 11 other languages and available in 20 countries) and *Mamma: Reflections On The Food That Makes Us* (Orion, 2017) - and lives in London.



### Agents

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Ariella Feiner	Assistant
	Amber Garvey
	AGarvey@unitedagents.co.uk
	+44 (0) 20 3214 0864

### Publications

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#### Non-Fiction

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Publication Details	Notes
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**THE EDIBLE  
ATLAS**

2014

Canongate

THE EDIBLE ATLAS is a book for intrepid cooks. Mina Holland explores what and why people eat as they do across the world, demystifying the flavours, ingredients, techniques and dishes at the heart of thirty-nine different cuisines. With fully adaptable recipes to suit beginners and confident cooks alike, learn to recreate dishes from different global cuisines – from a South Indian Coconut Fish Curry to a zingy Ceviche, from a yoghurt Jordanian Mansaf to a Danish Dream Cake, from an unbeatable Spanish Tortilla de Patatas to the ultimate Caribbean Jerk Chicken. Weaving snippets of anecdote, history and literature in with recipes and words of wisdom from some of the world's most seasoned food experts - such as Yotam Ottolenghi, Jacob Kenedy, José Pizarro and Giorgio Locatelli – The Edible Atlas is as comfortable in the kitchen as it is at your bedside.

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