

Kristin Thora Haraldsdottir

Actor



Acting

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Biography

Kristin Thora - Kristín Þóra Haraldsdóttir is an Icelandic award winning actress, born in Reykjavík and raised in Scotland, England and Iceland.

In the Sundance award-winning *And Breathe Normally* (*Andið eðlilega*), directed by Ísold Uggadóttir, Kristin Thora portrays Lára, a struggling single mother. For her portrayal, Kristin Thora received the honour of being one of 10 European Shooting stars at the Berlinale in the year 2018. In *Baldvin Z's Let me Fall* (*Lof Mér að Falla*) Kristin Thora took on the role of Magnea, who is struggling with life after many years of drug abuse. Kristin Thora was nominated for both her roles in *And Breathe Normally* and *Let me fall* to Eddan the Icelandic academy awards 2018 and won for her role in *Let me fall*.

Kristin Thora has also appeared in television series in Iceland, such as the award-winning *Prisoners* (*Fangar*) by Ragnar Bragason and *Stella Blomkvist I* and *Stella Blomkvist II* by Oskar Thor Axelsson and *The Valhalla Murders* (*Brot*) by Thordur Palson for her role the Valhalla murders Kristin Thora was nominated as best actress at the 2020 Edda Awards. Her most recent role is Tinna in the TV series *Blackport* by Vesturport. *Blackport* won the international competition grand prize at 2021 Series Mania French TV festival in Lille.

Alongside her career in film and television, Kristin Thora performs on stage both in the City Theatre in Reykjavik and the National Theatre of Iceland. Her roles range from comedy to drama, classical to modern, in supporting roles to lead actress. For her work in theatre she has been nominated as best actress 6 times to Gríman Icelandic theatre awards winning the award in 2015 and receiving Stefaniustjakinn an Icelandic

Honorary Award for Outstanding work as an actress in 2014.

Alongside her career she is a mother to 3 beautiful children.

Credits

Stage

Production	Character	Director	Company
EX	Franziska	Benedict Andrews	National Theatre Iceland
THE BEGINNING	Laura/Guðrún		National Theatre of Iceland
TARTUFFE	Dorine		National Theatre of Iceland
CONSENT	Kitty		National Theatre of Iceland
THE PLAY THAT WENT WRONG	Miss Perkins		Reykjavik City Theatre
MEDEA	Medea		Reykjavik City Theatre
GOD BLESS ICELAND	Hannes Holmsteinn		Reykjavik City Theatre
SENDING	Helga		Reykjavik City Theatre
THE FLICK	Rose		Reykjavik City Theatre
ADVERTISEMENT OF THE YEAR	Kærasta		Reykjavik City Theatre
AVALANCHE	Various		Reykjavik City Theatre
PEGGY PICKITT SEES THE FACE OF GOD	Liz		Reykjavik City Theatre
SOCRATES	Various		Reykjavik City Theatre
PIPPE LONGSTOCKING	Anna		Reykjavik City Theatre
LITTLE HAMLET	Ophelia		Reykjavik City Theatre
OSKASTEINAR	Rakel		Reykjavik City Theatre
TENGDO	Tengdo/Magnea		Reykjavik City Theatre
FANNY & ALEXANDER	Maja		Reykjavik City Theatre
TAKING CARE OF BABY	Reporter		Reykjavik City Theatre
STRUWEIL PETER	Various		Reykjavik City Theatre
THE TEMPEST	Ariel		Reykjavik City Theatre
FOLKIO I KJALLARANUM	Gunna		Reykjavik City Theatre
BLASTED	Cate		Reykjavik City Theatre
THE LONESOME WEST	Girleen		Reykjavik City Theatre
A FLEA IN HER EAR	Antoinet		Akureyri Theatre Company
HOW I LEARNED TO DRIVE	Lil'bit		Akureyri Theatre Company
OVITAR	Dagny		Akureyri Theatre Company

Television

Production	Character	Director	Company
BLACKPORT	Tinna	Various	Vesturport
KATLA	Álfheiður Gríms	Baltasar Kormakur	Netflix
THE VALHALLA MURDERS	Eyja	Thordur Palsson/Thora Hilmars/David Oskar Olafsson	True North/Mystery

Production	Character	Director	Company
STELLA BLOMKVIST	Gunna	Oskar Thor Axelsson	Saga Film
PRISONERS	Eyja	Ragnar Bragason	Mystery Productions
ORDINARY PEOPLE		Fannar Sveinsson	Glassriver

Film

Production	Character	Director	Company
QUAKE	Tedda	Tinna Hrafnisdottir	Ursus Parvus
VULTURES		Borkur Sigþórsson	RVK Studios
LET ME FALL	Magnea	Baldvin Z	Kisi
AND BREATHE NORMALLY	Lara	Isold Uggadóttir	Zik Zak Filmworks

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